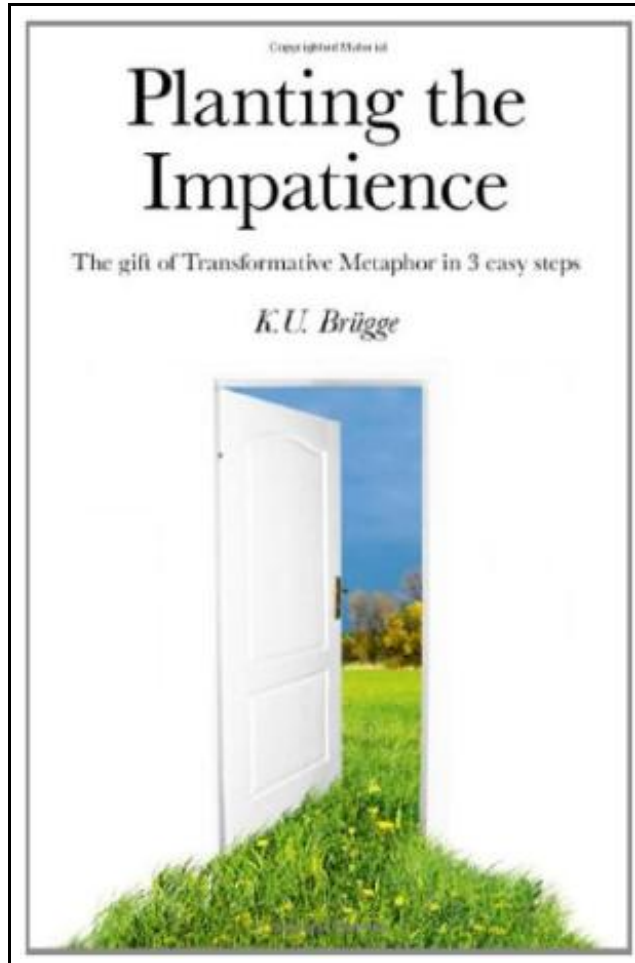


Planting the Impatience



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Reviews

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me).

(Dr. Everett Dicki DDS)

PLANTING THE IMPATIENCE



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John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Planting the Impatience, K.U. Brugge, UNIQUE TRANSFORMATIVE SELF-HELP / PSYCHOLOGY BOOK USING METAPHORS AS CHANGE AGENTS Einstein: 'the same brain that created a problem cannot be used to solve it'. So, before you head off to a neurosurgeon to get a 'new brain', take this unique, interactive and powerful self-help method to it. You may find your brain has a new mind of its own to 'solve that problem'. The approach called "Metaphor Animation for Personal Trans-phor-mation" (M.A.P.T) shifts the contemporary self-help paradigm. How? BOOK ON METAPHOR ANIMATION * Draws on readers' unconscious resources * Reader highly active (creativity; intuition; play) * Content-free; purely symbolic (works with 'how' not 'what'). * After reading & application, change/transformation process has started. OTHER CONVENTIONAL SELF-HELP * Rely on conscious mind for change * Reader a passive recipient * Heavy on content ('what') rather than structure of experience ('how') * Impact often limited to greater awareness. Conscious impetus for change Why a self-help method dealing with metaphor? According to Johnson & Lakoff, metaphor makes up some 75% of human language! We take to it effortlessly. Few authors have, however, thought of developing an effective approach to applying metaphor for a change we want.



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