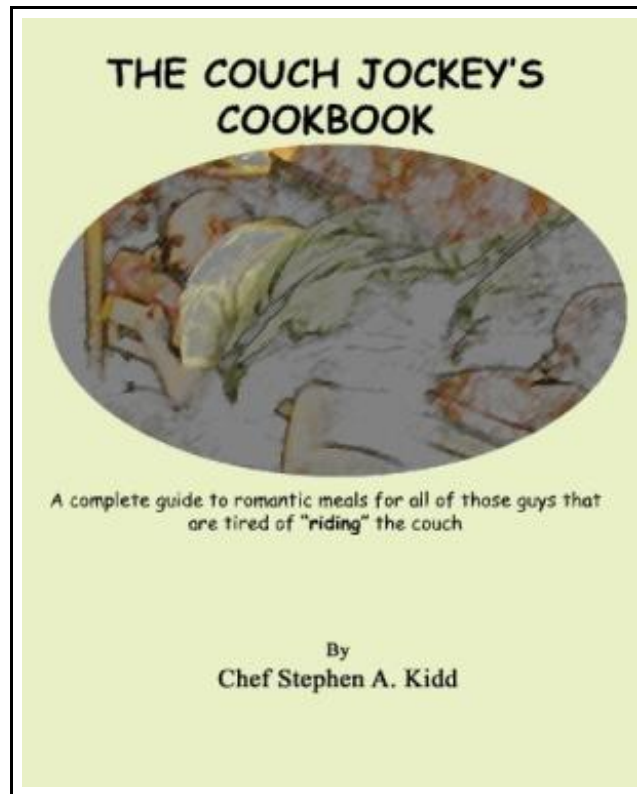


The Couch Jockey s Cookbook: A Complete Guide to Romantic Meals for All of Those Guys That Are Tired of Riding the Couch (Paperback)



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(Dr. Reta Murphy)

THE COUCH JOCKEY S COOKBOOK: A COMPLETE GUIDE TO ROMANTIC MEALS FOR ALL OF THOSE GUYS THAT ARE TIRED OF RIDING THE COUCH (PAPERBACK)



Createspace, United States, 2010. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is for all of the guys that need to be saved from themselves. Most cookbooks just give you a bunch of recipes, this one goes much farther. In it you will find: * recipes paired into menus * instructions for setting the table or serving as a picnic * each menus includes, cookware list, tableware list and grocery list * there are 18 menus divided into the skill levels * each skill level contains 3 seafood, 3 poultry and 3 beef or pork menus * a complete glossary for all cookware, tableware and cooking technique used in the book * a companion website with all of the lists for each menu that you can view on you smart phone or print and take with you. Sample Menu Caesar Salad Shrimp Scampi with Steamed Vegetables Strawberry Shortcake Perfect for summer, this light menu will save you from yourself. Be sure to serve with her favorite white wine. Want to turn this into a picnic dinner? Saute or grill the vegetables instead of steaming. Another great aspect of this menu is that you can prepare the salad and dessert up to two days in advance. If you can t get this menu right, hire a professional chef. Tools**:

Chef s Knife, Paring Knife, Cutting Board, Measuring Cups, Measuring Spoons, Salad Spinner*, Garlic Press*, Ginger Grater*, Pastry Brush, Blender or Food Processor, Wooden Spoon, Small Mixing Bowl, 2 Medium Mixing Bowls, 3-Quart Sauce Pan, Lg. Saute Pan, Parchment Paper, 2 Sheet Pans, Bamboo or Metal Steamer, Wok or Med. Sauce Pan *See item for alternate method. Tableware**:

Salad Plate, Salad Fork, Dinner Plate, Dinner Fork, Dinner Knife, Dessert Spoon...



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