



## Crystal Bowl and Tibetan Bowl Meditation Theta Meditation

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By River Guerguerian

Sounds True, Incorporated. No binding. Book Condition: New. Audio CD. Dimensions: 5.5in. x 5.0in. x 0.7in. Crystal Bowl and Tibetan Bowl Meditation. A Vibrational Journey Into Deep Meditative States. Crystal Bowl Meditation. The ethereal field of vibration created by the quartz crystal bowls on this transformative recording act as a carrier wave for the healing sounds of flutes, keyboard and Moog synthesizers. Inner visions arise, cellular healing unfolds, and deep meditation opens its mysteries. 1) Expand (20: 05). 2) Explore (20: 00). 3) Evolve (20: 24) LIFE IN BALANCE comprises the wife and husband team Ami and Steve Sciulli. They perform Sound Healing Meditations and hypno-global trance concerts nationwide and have played with Deepak Chopra, Rusted Root, Krishna Das, and The Drepung Gomang Tibetan Monks. Steve has also opened for U2, the Red Hot Chile Peppers, and Echo and the Bunnymen. Tibetan Bowl Meditation. The resonant tones of Tibetan bowls, acoustic bass, cello, electric guitar and water gongs will lead your mind and body to deep inner calm as the layers of your consciousness slowly unfold. A powerfully meditative and deeply tranquil soundspace. 1) Immerse (21: 29). Deepen (21: 17). Release (20: 41). RIVER GUERGUERIAN is an award-winning multi-percussionist and composer who...



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